

## FAQs for Mark Allison

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### What type of payments do you accept?

I accept cash, personal checks, credit cards and many insurance plans.

### Can I use my health insurance to cover fee?

Most health insurance companies include mental health benefits. If you are unsure you can call your provider or I can call on your behalf and let you know what your benefits are and how much of the psychotherapy fee is covered.

### How long does therapy usually take?

While the length of therapy can vary depending on the individual and their own personal goals. In general, many clients experience positive results within the first few weeks.

### Where to park before appointment?

There are both metered and street parking near the building. Please check the signs carefully. Additionally there is valet parking in the garage of the building. If you have an evening appointment after 6 pm please be sure to ask parking attendant for a "token" to let you out of the garage after 7 pm.

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